

Small changes, big differences.



FREE PARENTING GROUP – POSITIVE PARENTING

Group Triple P is for parents of children aged 2 – 12 years old. Each group has about 12 parents, and lasts no more than two hours. You will be provided with tips and suggestions that are relevant to your family, you'll watch scenes showing these ideas working in real life, and be provided with a workbook that you can take away to put into practice at home.

In all, you'll attend five group sessions – the first four should give you the tips you need to start positive parenting. You'll have three weeks to practice Triple P at home, and your Triple P provider will call each week at a set time to find out how you're doing and offer advice if you're having any trouble. Those calls will last about 15 minutes. Finally, you'll meet up with your group and Triple P provider for one last session.

COST: FREE

PRESENTERS: Gayle Pitcher & Lesley Whitehouse (School Psychologists)

WHERE: Leisurelife (Boardroom) at 34 Kent St, East Victoria Park, WA 6101

DAYS / TIMES: Tuesdays 9:30am – 11:30am

DATES: 4 weekly face-to-face sessions (16th, 23rd and 30th Oct, and 6th Nov 2018), 3 weekly phone calls (between 5th and 23rd Nov 2018), and one final group session (27th Nov 2018).

You are required to attend all group sessions and be available for the telephone consultations.

To register, visit www.triplep-parenting.net.au/wa and search for this session.

Places are limited, so early registrations are encouraged!

www.triplep-parenting.net.au/wa